

Self-Evaluation Checklist – 3-Betting

Print this form. Then, for each Class in this checklist, do the following:

STEP 1: Print out and complete a Self-Evaluation form - <https://pc.pokercoaching.com/pdf/self-evaluation-form.pdf>

STEP 2: Copy your answers from your Self-Evaluation form to this form. **STEP 3:** Check off the Class that you just completed!

Done	#	Date	Topic	Class	Before Rating	After Rating	Improvement
<input type="checkbox"/>	1		3-Betting	Lexy Gavin - 3-Betting Strategy			
<input type="checkbox"/>	2		3-Betting	Jonathan Little - 3-Betting Concepts			
<input type="checkbox"/>	3		3-Betting	Matt Affleck - 3-Bet Pots in Tournaments			
<input type="checkbox"/>	4		3-Betting	Jonathan Little - 3-Betting At Different Stack Depths			
<input type="checkbox"/>	5		3-Betting	Matt Affleck - Polar Vs Linear 3 Betting			
<input type="checkbox"/>	6		3-Betting	Jonathan Little - 3-Betting After A Raise And Callers			
<input type="checkbox"/>	7		3-Betting	Alex Fitzgerald - Threbetting from Out of Position			
<input type="checkbox"/>	8		3-Betting	Jonathan Little - Exploitably 3-Betting Wide			
<input type="checkbox"/>	9		3-Betting	Matt Affleck – 3-Bet Pots and How To Analyze Your Hands			
<input type="checkbox"/>	10		3-Betting	Matt Affleck - Online 6max: Exploring 3-Bet Pots Part 1			
<input type="checkbox"/>	11		3-Betting	Matt Affleck - Online 6max: Exploring 3-Bet Pots Part 2			
<input type="checkbox"/>	12		3-Betting	Matt Affleck - 3-Bet Pots: SB 3-Bets vs BTN RFI			
<input type="checkbox"/>	13		3-Betting	Matt Affleck - 3-Bet Pots: SB vs BTN Hand Examples			
<input type="checkbox"/>	14		3-Betting	Matt Affleck - Analyzing 3-Bet Pots			
<input type="checkbox"/>	15		3-Betting	Matt Affleck - Analyzing 3-Bet Pots Part 2: Playing from OOP			
<input type="checkbox"/>	16		3-Betting	Matt Affleck - 3-Bet Pots: Playing OOP as the Preflop Caller			
<input type="checkbox"/>	17		3-Betting	Jonathan Little - How to Play as the 3-Bettor on the Flop			
<input type="checkbox"/>	18		3-Betting	James Romero - How to Play 3-Bet Pots			