

Self-Evaluation Checklist – 4-Betting

Print this form. Then, for each Class in this checklist, do the following:

STEP 1: Print out and complete a Self-Evaluation form - <https://pc.pokercoaching.com/pdf/self-evaluation-form.pdf>

STEP 2: Copy your answers from your Self-Evaluation form to this form. **STEP 3:** Check off the Class that you just completed!

Done	#	Date	Topic	Class	Before Rating	After Rating	Improvement
<input type="checkbox"/>	1		4-Betting	Lexy Gavin - 4-Betting Strategy			
<input type="checkbox"/>	2		4-Betting	Jonathan Little - Combating A Frequent 4-Bettor			
<input type="checkbox"/>	3		4-Betting	Jonathan Little - How To Combat A Frequent 4-Bettor			